

CAPTURE THE TASTE

of Nashville



Can't get enough of Bread & Company's famous fruit tea? Then bring home a growler for your friends, family, or just yourself – we won't spill the beans. Choose from 3 different collectible growlers.

GET YOUR FRUIT TEA GROWLERS ON THE GO!

DELI FRESH FOODS

TRIPLE CROWN

a perfect trifecta

\$11⁹⁹

One serving each of your three favorite deli items, served with today's bread selection.

FRESH FRUIT

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

HONEY PECAN CHICKEN SALAD

\$4⁴⁹ SIDE | \$9⁸⁹ PT | \$19⁹⁹ QT

PASTA SALAD

\$3⁴⁹ SIDE | \$6⁵⁹ PT | \$13⁵⁹ QT

PIMIENTO CHEESE

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

ALMOND TARRAGON CHICKEN SALAD

\$4⁴⁹ SIDE | \$9⁸⁹ PT | \$19⁹⁹ QT

CHICKEN PASTA SALAD

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

EDAMAME SUCCOTASH

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

BROCCOLI SALAD

\$3⁴⁹ SIDE | \$6⁵⁹ PT | \$13⁵⁹ QT

POTATO SALAD

\$3⁴⁹ SIDE | \$6⁵⁹ PT | \$13⁵⁹ QT

PICO DE GALLO

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

MEDITERRANEAN SALAD

\$3⁹⁹ SIDE | \$8⁸⁹ PT | \$16⁷⁹ QT

BLACK BEAN & CORN SALAD

\$3⁴⁹ SIDE | \$6⁵⁹ PT | \$13⁵⁹ QT

QUINOA & ROASTED VEGETABLES

\$4⁴⁹ SIDE | \$7⁷⁹ PT | \$15⁴⁹ QT

KIDS

BREAKFAST

INCLUDES BEVERAGE

BACON AND EGG

it's simply great!

\$4⁹⁹

One fresh cage-free scrambled egg with one slice of bacon. Served with a slice of thick-cut whole grain artisan toast and a side of fresh fruit.

CHOCOLATE CHIP PANCAKE \$4⁹⁹

HALF WAFFLE \$4⁹⁹

OATMEAL \$4⁹⁹

FRUIT/YOGURT PARFAIT \$4⁹⁹

LUNCH

INCLUDES BEVERAGE

PB&J WITH CHIPS

that's my jam!

\$4⁹⁹

GRILLED CHEESE AND CHIPS \$4⁹⁹

HAM OR TURKEY WITH CHEESE AND CHIPS \$4⁹⁹

BOWL OF CHICKEN NOODLE SOUP \$4⁹⁹

BREAD & COMPANY

BAKERY AND CAFÉ

BREAKFAST ALL DAY

TRADITIONAL BREAKFAST

TRADITIONAL BREAKFAST

starts it off right

\$8⁹⁹

Two fresh cage-free eggs with either bacon, turkey sausage or sausage patty. Thick whole grain artisan toast, all natural house preserves, lightly dressed greens and fresh fruit.

BREAKFAST SANDWICHES

ELEVATED EGG SANDWICH

that's what's up

\$8⁹⁹

Over easy cage free egg, bacon, Gruyère cheese, fresh smashed avocado, mayo and arugula on a brioche bun.

POWER WRAP \$8⁷⁹

Egg whites, turkey, spinach, house-roasted Crimini mushrooms and Mozzarella in a Sun-Dried Tomato tortilla.

BLTE \$8⁷⁹

A BLT plus a fried cage free egg, Monterey Jack cheese and mayo on whole grain artisan toast.

OMELETS

SERVED with LIGHTLY DRESSED GREENS, WHOLE GRAIN ARTISAN TOAST and ALL-NATURAL PRESERVES

BACADO

sounds good

\$9⁵⁹

Bacon, avocado and Monterey Jack inside. Topped with sour cream. Pico de gallo on the side.

MORNING MARKET VEG \$8⁹⁹

House-roasted veggies, goat cheese and fresh herbs.

WORKS \$9⁹⁹

Ham, bacon, sausage, house-roasted veggies, Cheddar and Monterey Jack. Topped with sour cream.

HAM & GRUYÈRE \$9⁴⁹

Smoked ham, Gruyère cheese and fresh herbs.

HEALTHY TURKEY \$8⁹⁹

Egg whites, turkey, house-roasted onions and tomatoes, spinach and Feta.

HOSTING A PARTY?

We Cater!

Bread & Company is your go to resource whether it be for an office luncheon, a small get-together with friends, or even for a local conference. Sandwiches, soups, salads, drinks, coffee and more – we've got you covered.

VISIT BREADANDCOMPANY.COM FOR MORE CATERING DETAILS

BEVERAGES

SPECIALTY BEVERAGES

AVAILABLE AS MOCHA, VANILLA, OR CARAMEL

ESPRESSO, CAFFE LATTE, CAPPUCCINO
CAFFE MOCHA & ESPRESSO MACCHIATO

SPECIALTY BREWED HOT TEAS

STEAMED TEA LATTES

Sweet Almond, Chocolate Mint Rooibos, Masala Chai, Organic Earl Grey Le Crème, Green Tea Citrus/Ginger.

SHAKEN ICED TEAS

Sweet Almond, Chocolate Mint Rooibos, Masala Chai, Organic Earl Grey Le Crème, Green Tea Citrus/Ginger and Apricot Peach Fruit.

SHAKEN ICED LATTES

Sweet Almond, Chocolate Mint Rooibos, Masala Chai, Organic Earl Grey Le Crème, Green Tea Citrus/Ginger and Apricot Peach Fruit.

FRESH SQUEEZED ORANGE JUICE

JUICE BEVERAGES

Juiced in-house daily using fresh, all-natural ingredients.

KALE TONIC

Kale, Fuji Apple, cucumber and lemon.

DAY GLOW

Carrot, orange, lemon and organic ginger.

Our STORY

Bread & Company was founded in 1992 as Nashville's first artisan bakery serving fresh baked breads, rolls and pastries and coffee in a space with just 15 seats. Over the years our menu evolved to eventually include salads, soups and sandwiches – including our Iroquois Chicken Salad sandwich which was voted "Best Sandwich" by Nashville Lifestyles Magazine. Along the way came our Signature Fruit Tea and Cranberry Pecan Bread – both of which have reached cult status to Middle Tennesseans and visitors alike. Our story continues today. Thank you for being part of our story.

CREATE YOUR OWN OMELET
go crazy with it!

\$8⁷⁹

Pick any 3 ingredients. Add .50 for each additional one.

HEALTHIER SIDE

AVOCADO TOAST

the extra oomph you need

\$8⁷⁹

Fresh smashed avocado on thick-cut whole grain artisan toast, EVOO, lemon and sea salt. Served with two basted cage-free eggs.

STEEL CUT OATMEAL \$7²⁹

Topped with berries, sliced banana and pecans.

SUNRISE GRANOLA BOWL \$7⁹⁹

Non-fat vanilla Greek yogurt, house made Granola and fresh, seasonal fruit.

VANDY TOAST \$4⁹⁹

Thick cut whole-grain artisan toast, almond butter and honey.

TOAST OR BAGEL \$1⁹⁹

Butter or cream cheese.

SPECIALTY

BLT BENEDICT

done just right

\$9⁹⁹

Poached cage-free eggs on toasted ciabatta, bacon, vine-ripened tomatoes, avocado, hollandaise, and lemon-dressed arugula.

WAFFLE \$7⁷⁹

With warm berry compote. Add pecans, chocolate chips or strawberries & whipped cream for \$1.00 each.

TRIFECTA \$9⁴⁹

Two fresh cage-free eggs, waffle and choice of meat.

FRENCH TOAST \$8⁵⁹

Two slices of thick cut Brioche with whipped butter and powdered cinnamon sugar.

PANCAKE FLIGHT (3 SMALL) \$7⁵⁹

Plain, Blueberry, Chocolate Chip, or pancake of the day (POD).

LUNCH MADE FRESH

SALADS & BOWLS

SERVED with a SIGNATURE CRANBERRY PECAN CRISP

STRAWBERRY FIELDS CHICKEN

salad made right

\$11⁹⁹

Honey pecan chicken salad on Mesclun greens, strawberries, Blue cheese, pecans. Sesame seed vinaigrette.

BELLE MEADE \$9⁹⁹

Romaine, tomatoes, Parmesan and Swiss, bacon, toasted almonds, house made croutons. Red wine vinaigrette.

SUPERFOOD KALE \$11⁹⁹

Kale, mixed greens, maple-roasted carrots, grilled chicken, dried cranberries, slivered almonds, shredded Parmesan. Maple-lemon vinaigrette.

CHICKEN AVOCADO CHOP \$11⁴⁹

Chopped Romaine, arugula, all-natural chicken breast, avocado, tomatoes, corn, black beans, Feta, crispy tortilla strips. Honey citrus dressing.

COBB \$11⁹⁹

Mesclun greens, grilled chicken, bacon, hard-boiled eggs, tomatoes, Blue cheese. Red wine vinaigrette.

WOODMONT \$11⁹⁹

Served with house Honey Mustard dressing, mixed greens, grilled chicken, Blue cheese, tomatoes.

PESTO CHICKEN QUINOA

POWER BOWL \$9⁹⁹

Quinoa, kale, lemon chicken, basil pesto, Feta, fresh herbs.

SANDWICHES

SERVED with CHIPS

SAN FRANCISCAN

is where it's at

\$8⁹⁹

Chicken breast, avocado, onion, tomato, greens, sun-dried tomato aioli on sourdough.

IROQUOIS \$8⁹⁹

Almond-tarragon chicken salad, lettuce, tomato on signature cranberry pecan bread.

ULTIMATE CLUB \$11⁹⁹

Pulled herb-roasted turkey breast, smoked ham, Vermont white cheddar, onion, avocado, lettuce, bacon, tomato, mayo and mustard on 3 slices of sourdough.

FRESH MOZZARELLA \$8⁵⁹

Fresh mozzarella, tomato, black olive tapenade, basil pesto, artichoke spread on whole wheat bread.

ALMOND TARRAGON CHICKEN SALAD \$8⁵⁹

Almond-tarragon chicken salad, lettuce on whole wheat bread.

HONEY PECAN CHICKEN SALAD \$8⁹⁹

Honey pecan chicken salad, green apple slices, sprouts on signature cranberry pecan bread.

JAMBON e FROMAGE \$7⁹⁹

Smoked ham, whipped Plugrá butter, Gruyère on baguette.

BLT \$7²⁹

Bacon, lettuce, tomato, mayo on whole wheat bread.

GOURMET PB&A \$6⁹⁹

Peanut butter, honey cinnamon cream cheese, green apple slices on signature cranberry pecan bread.

OUR FAMOUS PULLED HERB-ROASTED TURKEY SANDWICHES

ROASTED IN-HOUSE

STEEPLECHASE

now we have a winner

\$8⁹⁹

Blue cheese, green apple slices, honey mustard on signature cranberry pecan bread.

TURKEY, BACON & CHEDDAR \$8⁹⁹

Sharp Vermont white Cheddar, bacon, tomato, onion, mayo, mustard on whole wheat bread.

T.A.B. \$8⁹⁹

Green apple slices, bacon, Blue cheese, pesto mayo, sun-dried tomato aioli on whole wheat bread.

SOMETHING NATURAL \$8⁹⁹

Swiss, artichoke spread, sprouts, tomato on artisan multigrain.

TURKEY & BACON \$8⁹⁹

Provolone, bacon, lettuce, pesto mayo on whole wheat bread.

TURKEY RRP \$8⁹⁹

Provolone, roasted red peppers, lettuce, pesto mayo on whole wheat bread.

SIGNATURE SOUPS

AVAILABLE EVERY DAY

choose from:

TOMATO BASIL

CHICKEN NOODLE

ADDITIONAL DAILY SELECTION

CONDIMENTS

FOR SANDWICHES

SUN-DRIED TOMATO AIOLI

ARTICHOKE SPREAD

BALSAMIC VINEGAR

BLACK OLIVE TAPENADE

MAYO

CHIPOTLE MAYO

HORSERADISH CHIVE MAYO

PESTO MAYO

YELLOW MUSTARD

DIJON MUSTARD

SPICY MUSTARD

HONEY MUSTARD

PESTO

PEANUT BUTTER

ALMOND BUTTER

BUTTER

HOUSE PRESERVES

PROTEINS

BACON

CHICKEN BREAST

ALMOND TARRAGON CHICKEN SALAD **ADD \$2**

HONEY PECAN CHICKEN SALAD **ADD \$2**

CURRY CHICKEN SALAD **ADD \$2**

LOW-FAT CHICKEN SALAD **ADD \$2**

EGG HARD BOILED

HAM

ROAST BEEF

TURKEY

Pulled or house-roasted

TUNA CHICKEN SALAD **ADD \$2**

CREATE YOUR OWN OMELET, SANDWICH or SALAD

VEGGIES, ETC.

APPLES

ARTICHOKE HEARTS

AVOCADO **ADD \$1**

CARROTS

CUCUMBERS

DRIED CRANBERRIES

LETTUCE

MAPLE-ROASTED CARROTS

MUSHROOMS

Fresh or house-roasted

ONIONS

PICKLES

ROASTED BROCCOLI

ROASTED CRIMINI MUSHROOMS

ROASTED RED PEPPERS

ROASTED SHALLOTS

ROASTED ZUCCHINI

TOMATOES

Fresh, house-roasted or sun dried

YELLOW PEPPERS

ALFALFA SPROUTS

ROASTED BROCCOLI

STRAWBERRIES

SPINACH

KALE

ARUGULA

CORN

ALMONDS

PECANS

WALNUTS

BLACK BEANS

PICO DE GALLO

CRANBERRY PECAN CROUTONS

ARTISAN CROUTONS

MIXED PEPPERS

CHEESES

BLUE

FRESH MOZZARELLA **ADD \$1**

FETA

GOAT **ADD \$1**

GRUYÈRE

MONTEREY JACK

MUENSTER

PARMESAN

PIMIENTO CHEESE **ADD \$1**

PROVOLONE

SWISS

WHITE CHEDDAR

BREADS

FOR SANDWICHES

ARTISAN MULTI-GRAIN

BAGUETTE

SIGNATURE CRANBERRY PECAN **ADD \$1**

CRIOSSANT **ADD \$1**

FARM

PANE BELLO

MARBLE RYE

SOURODOGH

WHOLE WHEAT FARM

SALAD DRESSINGS

BALSAMIC VINAIGRETTE

BLUE CHEESE

CAESAR

CITRUS

CREAMY RED WINE VINAIGRETTE

HONEY MUSTARD

LEMON WHITE BALSAMIC

RANCH

RASPBERRY VINAIGRETTE

SESAME

CREATE YOUR OWN SALAD

mix it up

\$11⁹⁹

Choose a lettuce: mesclun greens, romaine spinach, kale or mixed greens. Then choose a protein and up to 5 toppings. Each additional topping is .50.

CREATE YOUR OWN SANDWICH

make it happen

\$8⁹⁹

Choose your bread, 2 meats/proteins, 2 cheeses, 3 condiments and 4 veggies. Each additional topping is .50.